

## WEEK 5

<b>Monday</b>	<b>Morning Snack:</b>	Yogurt & fresh fruit
	<b>Lunch:</b>	Beef meatballs on a bed of pasta served with Crusty Garlic bread and Garden Salad. Fresh Fruit
	<b>Tea:</b>	Mixed sandwiches, crisps & fresh fruit
<b>Tuesday</b>	<b>Morning Snack:</b>	Weetabix with Bananas
	<b>Lunch:</b>	Roast Pork, Roast Potatoes, Seasonal Vegetables, Stuffing and Gravy. Fruit Sponge & custard or Fresh Fruit
	<b>Tea:</b>	Rice Cakes, houmous, cheese cubes & raisins
<b>Wednesday</b>	<b>Morning Snack:</b>	Fresh fruit
	<b>Lunch:</b>	Toad in the Hole, mashed potato, sweetcorn, carrots & gravy Rice pudding and Fresh Fruit
	<b>Tea:</b>	Hot baguettes served with a selection of cream cheese and ham Jam Tarts
<b>Thursday</b>	<b>Morning Snack:</b>	Apple Slices with Cheddar cheese cubes
	<b>Lunch:</b>	Vegetable lasagne, garlic bread & salad Yogurt
	<b>Tea:</b>	Toasted muffins and fresh fruit
<b>Friday</b>	<b>Morning Snack:</b>	Cheddar cheese & grapes
	<b>Lunch:</b>	Chilli Con Carni served on a bed of Basmati Rice served with Tortilla Chips and Sour Cream
	<b>Tea:</b>	Pasta with Pesto, cucumber and carrot sticks and Melon